

# MizCEO

FAITH EDITION

FOR THE ENTREPRENEURIAL WOMAN

Is your biz-ness  
**Business**  
or a *Hobby*?

MizCEO  
CONFERENCE  
is back again!  
October 11<sup>th</sup> and 12<sup>th</sup>

COLLABORATION  
**OVER**  
COMPETITION

Make **GOD**  
the CEO of  
your business

DR.

*Regina*  
**MARTIN**

Discusses breaking  
generational curses in new  
book **FORERUNNER**

A portrait of Jessica Mosley, the founder of MizCEO, is featured on the left side of the poster. She has long, dark hair and is wearing a black top with a colorful, patterned shawl. She is smiling and looking towards the camera. The background of the entire poster is a solid teal color.

# MizCEO

ENTREPRENEURIAL GATHERING

## AIN'T NO "Plan B"

*October 11 -12  
Indianapolis Marriott East  
Indianapolis, IN*

*Jessica Mosley*  
MizCEO Founder

**Early Bird \$97** until July 30th  
\$197 after July 30th

**Registration Now Open**  
Visit [MizCEO.com](http://MizCEO.com) to Register



Welcome to the  
Fall Edition  
of The MizCEO  
Entrepreneurial  
Magazine!

Jessica L. Mosley

Steward-Owner of the MizCEO  
Entrepreneurial Meida Brand  
[www.mizceo.com](http://www.mizceo.com)

# CONTRIBUTING AUTHORS



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WILLIAMS**



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LITTLE**



**NIKITA  
NICCI**



**SHANICK  
BARTELL**

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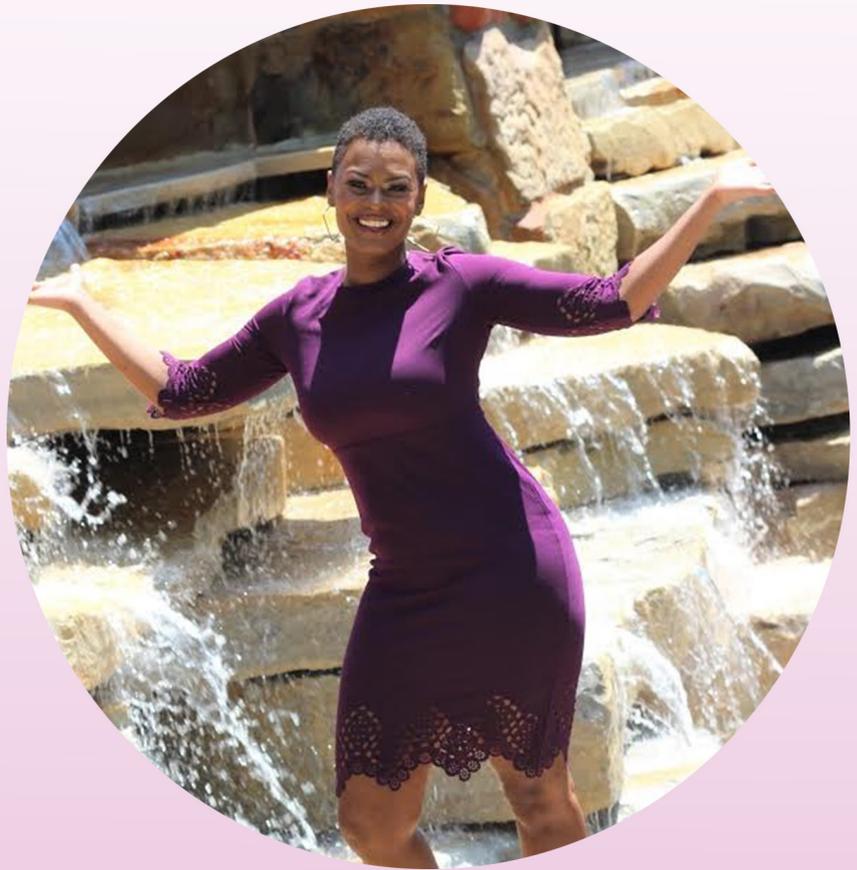
Janelle  
JONES

*I Fought to Be Here*

Written by Dr. Leslie Hodge

When statistics said she couldn't, *she did*.  
When statistics said she shouldn't, *she did*.  
When statistics said she wouldn't, *she did*, and she started the company, wrote the book, hosted the event and printed the t-shirts to prove it.  
Who is she?

*She is Janell Jones.*



An Ohio native, Janell Jones had to grow up quickly. With the murders of her father and sister before she turned 6 years old, Janell had every reason to give up, give in and settle for whatever was handed to her...but she refused to let that be her story.

So, what is the story behind Janell Jones, the one who was the first in her family to attend and graduate from college? Well, on paper Janell holds an Associate Degree in Psychology, both a Bachelor's and Master's Degree in Social Work, and works as a social worker for a hospital. But in purpose, Janell is a certified life coach, published author, speaker and entrepreneur.

Growing up and being led to feel like something was wrong with the skin she was in, Janell took what was meant to destroy her and leave her searching for self-love, self-awareness and self-acceptance, and used it to birth a company that creates programs and products that will etch her name in history.

In 2017, Janell took her passion for writing books and launched Melanin Grace Publishing, LLC. Armed with the authority to write and publish what she wanted and what she knew little brown girls everywhere needed, her first book – Beauty in Mahogany continues to help little girls learn how to embrace the skin they are in and who they were created to be, while promoting self-love, self-acceptance and learning how to love others.

Just like Janell had to grow up and heal the wounds from her childhood and young adult life, she wanted to empower other women to grow through their pain, discover their best selves, and learn how to unselfishly put themselves first. Through her second book – It All Begins in You,



“TRUE  
SUCCESS IS  
CONTINUING  
DESPITE  
THE  
FAILURE”

- Janell Jones

Janell uses affirmations to help women begin loving themselves and grasp the awareness and understanding of the power that already lies within them. The *It All Begins in You Workbook*, is a self-discovery 30-day gratitude journal that helps women heal and shift their mindset, is Janell's third book release.

Janell knows all too well the ups and downs of entrepreneurship. But through it all, the greatest lesson she has learned is that entrepreneurship is a process. She believes showing up in your authentic self, being consistent and not giving up, breeds true success.

Determined to leave a legacy through books, programs and other opportunities, such as her podcast entitled *Girl, You Got This*, Janell wants girls and women to know they have the power to do and be whatever they want to be.

Before any book sales, course registrations, or invitations to be the featured speaker, Janell relied on and still relies on her faith and belief in God. She acknowledges without Him; she would not be here.

Statistics say she won't, she will. Statistics say she can't, she is. Janell is not going anywhere soon. She had to fight to be here!

### **Stay Connected to Janell Jones:**

#### **SOCIAL MEDIA**

Facebook: [janelljonesempowers](https://www.facebook.com/janelljonesempowers)

Instagram: [janelljonesempowers](https://www.instagram.com/janelljonesempowers)

YouTube: <http://bit.ly/janelljonesyoutube>

#### **WEBSITE:**

[www.janelljonesempowers.com](http://www.janelljonesempowers.com)

## *GIRL, YOU GOT THIS PODCAST:*

iTunes: Janell Jones Empowers

Spotify: Janell Jones Empowers

## *BOOKS:*

It All Begins With You: 9 Affirmations to Help You Love Yourself and Know Your Worth: <http://bit.ly/itallbeginswithyou>

It All Begins With You Workbook: <http://bit.ly/iabwyworkbook>

Beauty in Mahogany: <http://amzn.to/2y5rRaw>

## *COURSE:*

It All Begins With You Online Course: <http://bit.ly/itallbeginswithyoucourse>

## *COACHING:*

Maximize Your Greatest Asset...Yourself!

Schedule a free 30-minute strategy session: <https://janelljones.typeform.com/to/gqiBn2>

## *MEMBERSHIP:*

Queens Academy: <https://janell-jones-empowers.teachable.com/p/queens-academy>

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## *ABOUT THE AUTHOR*

Dr. Leslie Hodge is a Pharmacist, Author, Certified Coach, Speaker and the founder and operator of Scripts & Beyond, LLC - a medication review and consulting company and Reflections Coaching & Consulting, LLC. Dr.Hodge has a passion for helping people manage their health, medications and live a well-balanced life. Connect with Dr. Hodge on Facebook and Instagram @drlesliehodge or visit [www.drlesliehodge.com](http://www.drlesliehodge.com).



COMING THIS FALL

*Miz*

CEO

& FRIENDS

RADIO NETWORK

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*Miz*CEO | 11

ENTREPRENEUR SPOTLIGHT



# ASHLEY CREWS

Written By:  
Ashley Little

## WHO IS ASHLEY CREWS?

Ashley Crews was born and raised in Manhattan and Bronx, NY. She now resides in New Jersey where she runs her own mobile hair care and wellness business HairVentionZ in which she not only styles natural hair but also educates her clients on maintaining a healthy lifestyle inside and out. She is certified as a natural haircare stylist and hair care and regimen setting consultant also while working as a Public Health Educator for the Department of Health. She holds a B.S. in Health and Physical Education and an M.A. in Human Services/Health and Wellness. She is also a Certified Health Education Specialist holding an additional certification in Nutritional Therapy. She has over 10 years of experience in the public health field focusing on disease prevention and health promotion. Her passion for hair started at age 9 and her love for health started when she had her first health class in the 6th grade. As an adult Ashley was able to combine her two passions together which allows her a reward of helping others not only look their best but to live their best lives in the most healthiest way.

## PLEASE TELL US MORE ABOUT YOUR ENTREPRENEURIAL JOURNEY?

My entrepreneurial journey is unique because a friend of mine encouraged me to pursue that route. Once I landed my government job at the Department of Health and Human Services in Maryland, after receiving my master's degree, I knew I wanted something more. But it was hard to think of an idea that wouldn't end with me having to work two jobs. My now close friend and colleague at the time, had seen how well I did my hair when I would come to work everyday, so she suggested I do the same on other individuals hair. It took some thinking and resonating with the idea before I would commit. After all I had been styling my own hair since age 9 and past clients at age 13 I had over 16 yrs experience, but had stopped doing hair for a while to finish school. So creating a business styling hair was not on my radar but how could I neglect the talent God had given me? So I created my mobile hair care and wellness business in November 2014 HairVentionZ, and it became an LLC in May 2018. I had no clue that it would grow to what it is today. I launched the business in Maryland and I have been in New Jersey just 3 years and my business is continuing to thrive mostly by referrals. My business is my baby, my love! It allows me to help others. Something I enjoy doing so much. Styling hair and teaching wellness is my passion. And watching the confidence in my clients grow after styling their hair is one of the things I find truly rewarding. I created HairVentionZ initially to style little girls hair as a convenience to their mothers. As it grew so did the mission. My mission is to inspire men, women and girls to embrace their natural

hair and understand the connection nutrition has on hair growth and healthy living within the natural hair community

## ASHLEY, WHY ARE YOU SO PASSIONATE ABOUT HELPING WOMEN FEEL BEAUTIFUL INSIDE AND OUT.

I am soo passionate about helping women feel beautiful inside and out because there was a time I did not feel that way and I know what it did to my personality, my self esteem, and my ability to connect with others. When you feel good you look good and if you dont look good you dont feel good. I believe everyone should feel their best everyday if they can help it, and it starts from within. My background and experience allows me to help women understand the importance of eating to live, healthy living, and how that impacts not only your appearance but your hair growth. Since the natural hair movement has returned, many women struggle to understand what their hair needs to thrive and I teach them that it is not far from what your body needs to thrive. Eating a healthy diet is key to healthy living. Cleansing, moisturizing and protective styling your hair will help you retain beautiful tresses at your control. I love what I do because it is my two passions combined which makes me feel good and my clients feel even better.

## ASHLEY, YOU ARE THE CEO/FOUNDER OF HAIRVENTIONZLLC NATURAL HAIRCARE AND WELLNESS BUSINESS. PLEASE, TELL READERS MORE ABOUT YOUR BUSINESS?

HairVentionZ was created to provide superior natural hair care styling and wellness services. Unlike a typical salon, I provide my services on your schedule and give you the convenience and flexibility that your life demands. At HairVentionZ I don't just style your hair, but I also educate you on your specific needs and discuss treatments that will help you maintain healthy hair. Convenience is the word I like to describe my business, because that is what I came up with even before the name. I wanted to be unique and offer a service to my clients they did not have before. How I am able to offer that convenience is through travel styling. I travel to my clients at their comfortable locations. This allows them to tackle daily tasks and still get their hair styled. My sessions consists of caring for and styling the hair, conversations on wellness and regimen setting, caring for the hair while the style is in and when the style is taken out. I also discuss diet and how it affects your hair (dehydration = dry scalp which can lead to dandruff and other scalp issues). The more aware I make my clients the better care they can take of their hair. I do have my website [www.hairventionz.com](http://www.hairventionz.com) where the client can book a hair consultation by leaving pictures of their hair for me to analyze before

they book their styling appointment which allows me to give recommendations of styles that would compliment their hair texture. This allows the client to know and not be surprised by the outcome of their style of choice. How awesome is that!

**ASHLEY, YOU ARE A SUCCESSFUL AUTHOR PLEASE TELL US MORE ABOUT YOUR BOOK "GROWING NATURAL: A GUIDE TO HEALTHY HAIR AND A HEALTHIER YOU"?**

"Growing Natural; A Guide to Healthy Hair and a Healthier You" is written for everyone. Although it is formulated for naturalistas, it contains good information about hair, life, and overall health practices. In this book readers will find that it is an easy read based on real life experiences surrounded by health, fitness, nutrition, finances, mental health, spiritual health and self care. I also include my journey back to natural and how my two passions work together to promote healthy hair and overall health. This book is the first ever written by me with editing done by one of my sisters and illustrations done by the other. I know my readers will enjoy this book and

not only receiving my coaching and conversation but by reading the books I have written and contributed to that aligns with the wellbeing of others. I do believe ALL individuals should take very good care of themselves in the most healthy way and I am here to push and make that happen.

**ASHLEY, DO YOU HAVE ANY UPCOMING EVENTS OR PROJECTS YOU CARE TO SHARE?**

I am very excited to announce that I had the opportunity to meet and connect with such a beautiful soul Dr Marsie. Since our connection I was able to step out of my comfort zone on so many levels. I have been blessed with the opportunity to be apart of her first anthology Thrive Girl Thrive: A Woman's Guide for Abundant Mental, Emotional and Spiritual Wellbeing. Which has just launched August 22nd! I have copies for order! Our connection has allowed me to collaborate with such beautiful like minded women to share my story and continue to lead women just like me to an everlasting healthy lifestyle. I plan to work on my product line and build connections to continue to collaborate with others in my field of expertise.



it will be relatable to many. I am open to suggestions for future books.

**ASHLEY, PLEASE TELL US MORE ABOUT THE COMMUNITY YOU ARE BUILDING?**

Since I am a natural HairCare and wellness consultant I do work with both men, women and girls. With that said, I am building a community of individuals who will become more aware of their health and wellness as a whole. Also taking initiative to pay more attention to their hair and scalp using the regimens I have created for them. I want my community to not only be informed about the importance of their health but to also take action and they can do so by

**WHAT IS NEXT FOR YOU AND YOUR BRAND?**

The goals I have for my brand is to grow and continue to give support to the natural hair movement! I want my business to be respected in the haircare industry as a convenience to the busy natural woman and man. I strive to be well known for my craft seeing me and my work in magazines and articles. For the last year and a half I have been working on creating my own hair care line. Something I can give my clients to use in between their hair appointments and while their hair is in a protective style. As I continued to style my clients hair and receive new clients, I would always massage their scalp or do a scalp assessment. Some of my clients suffered from some type of scalp issue which led me to pursue the idea of a haircare line. Creating this haircare line became my responsibility to help my clients overcome slow hair growth, alopecia, breakage, dryness, thinning and balding areas in their hair and scalp. Me and my mom are into holistic health and came together to choose the best ingredients for this haircare line addressing the issues I mentioned. The products in this line will be tailored to the improvement in the overall health of the hair, scalp, and length while maintaining a protective style. I do not have a set launch date, but I do anticipate to have it done by the end of this year. The line will cater to both men and women. In addition to that, I will continue to sell my books to promote healthy living and wellness for the everyday individual.



# “HAIR IS MY PASSION, HEALTH IS MY LIFE”

ASHLEY CREWS FOUNDER OF HAIRVENTIONZ LLC

My name is Ashley Crews, I was born and raised in Manhattan and Bronx, NY. I now reside in New Jersey. I am a Health Education Specialist, a Nutritional Therapist, Certified Natural Hair Care Stylist and Consultant. I'm also an author and Owner of HairVentionZ LLC my Natural Haircare and Wellness Mobile Business. I help both men and women who are struggling with dry, brittle, damaged hair, restore it back to it's natural luster and shine, by way of protective styling and healthy hair care regimens, so that they can feel as beautiful on the outside as they do on the inside. I do this by not only treating the hair, but I also educate them on the role nutrition plays in the health of their hair as well. I have an ebook titled "Growing Natural; A Guide to Healthy Hair and a Healthier You" in which you will find helpful information on my journey back to natural and how my two passions work together to promote healthy hair and overall health.

## ASHLEY P. CREWS, MA, CHES

*Certified Natural Hair Care Stylist, Natural HairCare Consultant,  
Nutritional Therapist, Health Education Specialist, Author*

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# Meg NOCERO

## THE KEY TO UNLOCKING YOUR DREAMS, SPIRIT & INNER BLISS

Meg Nocero is a woman with many talents, strengths, and passions! She is a former Department of Homeland Security attorney. And after 19 years of federal government service, she resigned to pursue her dream as a writer, inspirational speaker, a success coach, and attorney for justice. You may think that she was already living the so-called “American Dream” right? Why would she want to leave such a prestigious career and just *go for it!* Well, we sat down with this *Fearless* woman and learned so much! Warning: Meg Nocero’s energy is contagious!



### So, tell us a little bit about you. Who is Meg Nocero?

There is a quote by Roald Dahl, the author of Charlie and the Chocolate Factory, that resonates with me to my core. “And above all, watch with glittering eyes the whole world around you because the greatest secrets are always hidden in the most unlikely places. Those who don’t believe in magic will never find it.” That being said, I am magical person. I truly believe in magic and miracles of this life. And, time and time again, I have found evidence to empower that belief and inspire others to see the world through those eyes so that they can too realize the beauty of their dreams.

### Why are you so passionate about helping others?

In April of 2011, I lost my mother to breast cancer and lost my way. To navigate the grieving process, I turned to writing as a healing tool. I wrote what I felt my mother would want to communicate to me. One day led to the next and I completed my first book called *The Magical Guide to Bliss: Daily Keys to Unlock Your Dreams, Spirit & Inner Bliss*. Here, I empower others to wake up to a universe packed with possibility. In addition to allowing me to feel connected to my mom, it helped me muster the courage to make a career change after twenty years as a federal prosecutor. It is the guide I used to transform my dreams into reality. It is

the guide that I offer to others to do the same. I am here to inspire others by sharing my story to believe in the possibility of their dreams.

I am so passionate about helping others because I have myself experienced what St. John of the Cross terms the “dark night of the soul”. I have lost my hope and am beyond grateful for those who offered their talents to bring me back into the light.

### Tell us about your business.

In 2017, I resigned from the federal government as a prosecutor and now work as a writer, speaker, and empowerment coach. I founded Butterflies & Bliss, LLC and a non-profit called S.H.I.N.E. Networking Inc. S.H.I.N.E. events present and encourage sharing stories, community building, diversity, insights, ideas, hope and networking to shine. We also provide educational scholarships to help young innovative leaders who are making a difference

### Tell us about your coaching practice?

It is my mission to inspire hope and empower generations through assisting you, my clients to:

1. Realize your dreams: Make resolutions a reality, Dream and Believe Big by focusing on what you want to see happen in your life.
2. Take Care of Yourself: Focus on your health, body, mind, and spirit and do what you can to get your life into balance.

3. Maximize Your Potential for Joy: Look at what brings you joy in your life and start a gratitude practice.

4. Create Opportunities for Success and Greater Possibilities: Open yourself up to tremendous possibility and empower yourself to think outside the box.

5. Clarify Your Life Purpose: Visualize to Manifest goals that align with your highest calling both personally and professionally.

### Stay connected with Meg:

#### FACEBOOK:

Meg Nocero, Meg Nocero,  
Inspirational Author

Empowerment Coach & Motivational Speaker

S H I N E Miami - Spirit Hope Insight Networking  
Event

#### LINKED IN:

Meg Nocero, Esq.

#### INSTAGRAM:

@megnocero @shinenetworkevent

#### TWITTER

@megnocero

REGINA MARTIN



FORE  
RUNNER

**fore·run·ner** • *noun*

a person or thing that precedes the coming or development of someone or something else.

AUTHORS SPOTLIGHT



# AN INTERVIEW WITH DR. REGINA MARTIN

**MizCEO: Who is Regina at her core?** I am a funny, ambitious, unique and strongminded woman who loves people from the bottom of my heart.

**MizCEO: Why are you so passionate about helping others?**  
Because of where I was once upon of time. If someone never reached out to me, I would've never realized my potential. I am trying to be that voice to tell everyone that God is no respecter of person, He can do it for anyone.

**MizCEO: Tell us about your ministry/businesses?** We provide private education for inner city students from K-12. We also just launched our college Embassy College and Chaplaincy this January our objective is to educate the next generation of leaders in Ministry and Marketplace. The Babydoll boutique objective is to teach women that they can be fashionable in ministry and everyday life and still be gifted, anointed and powerful.

**MizCEO: Where do you see yourself in the next 2 years? 5 years?** I see myself traveling more, having the resources, the man power and grace to help an even greater amount of people from all over the world.

**MizCEO: What's next for Regina personally?** The Bible says that man makes many plans but the Lord directs his path. I have a lot in mind but stay connected to find out my next move. Join me at the Travail, Birth and Activate Conference on October 4th-5th in Houston, TX.

## **ABOUT DR. REGINA MARTIN**

This powerful woman of God is a native of South Florida who wears many hats. She is a mother, apostle, entrepreneur, global speaker, humanitarian, mentor and the senior Pastor of the Embassy Church of South Florida. Apostle Martin is known as "The Baby Doll Preacher" as she is the founder of the fashion enterprise, The House of Baby Doll. As the founder of The Baby Doll Foundation, Apostle Martin oversees humanitarian projects, which provides food, clothing, and school supplies to young women and children in various countries throughout the world. This business mogul is also the founder and CEO of The Embassy Academy, a learning institute that educates students from kindergarten to the 12th grade and provides a safe and exceptional private education. Her success does not stop there. In 2016 she earned her Doctorate in Theology from Galilee Bible Theology School, given her the qualifications to be called Dr. Apostle Regina Martin. Dr. Martin has also expanded her enterprise to author as she is the author of the book, "The Spiritual Warfare Manual". You can also stay tuned for her upcoming book, "Next" and "Finding the Inner Baby Doll".

**MizCEO: What is the one thing that you know for sure?** God is Faithful

**MizCEO: How do you handle setbacks?** I believe that everything happens for a reason and failure is not your destination, its just your training ground filled with many lessons.

**MizCEO: What is the greatest lesson that you have learned in ministry/business?** I've learned many lessons but one of them is that to stay in your own lane. Never forget that what God has for you it is for you, do not compare yourself to anyone else but just know that if God called you to it then he will bless you for your obedience.

**MizCEO: What advice would you give to that person who's business is not doing so great and wants to give up?** Many times we make the mistake of thinking that it's going to fall into place. The beauty of success comes from the process of learning how to make it through difficult times and really having a gratitude down in your soul when you "Make It".

**MizCEO: What does it take to have a successful ministry/business?** You have to learn to maneuver and press when things are hard. Just because you are going through an unfavorable season does not mean God is not with you. He is building your resilience, spiritual muscles and appetite. The warfare is a sign that you were assigned to that particular spear.

FOUNDER & CREATOR

# Bonita Parker



*For many years, I searched for the right cosmetics that would leave my skin looking very natural and radiant without the over-accessorizing of make-up. Something that would leave my lips moist and not dry out my skin, but still provide the glow and pop of color that we all look for in our cosmetics and skincare.*



**BEAUTE'**  
BY BONITA

In 2017, I was diagnosed with a rare form of breast cancer that forced me to take a closer look at the products that I was using on my skin. I couldn't fathom how someone who was perfectly healthy and with no family history of breast cancer could contract such a disease. And I realized that I was injecting all of these toxins into my body by way of products filled with harsh chemicals and additives that could have possibly aided in my diagnosis. Specifically, a lot of the products that we use contains parabens which are chemicals commonly used as preservatives in many cosmetic products, including makeup, moisturizers, hair care products, and shaving creams/gels. Parabens can penetrate the skin and act like a very weak estrogen in the body -- potentially turning on the growth of hormone-receptor-positive breast cancers. According to breast cancer research from breastcancer.org, parabens have been found in breast tissue and breast cancers. I made the choice to do MY part to minimize my chances of a recurrence and in staying healthy – and that started with shifting the products that I use on my skin.

*“I wanted to have something that women would feel safe using and applying to their skin without the worry of disease and harm to their body.”*

Beaute` by Bonita is a 100% vegan cosmetics line made with all natural and organic ingredients. It was created for all women, with their complete health in mind. Our core focus is protection, prevention and care. And our products have been tested and approved by wellness experts and licensed estheticians and can be used safely by women of all skin types. We currently offer two various skincare regimens featuring masks, cleansers, moisturizers, and a serum that has clients raving! We also have our collection of vegan lipsticks and glosses and will be introducing a gel eyeliner and vegan eye shadows before the end of the year. At this time, we have opted not to add foundations to our collection because our goal is to help every woman achieve a skin that she can fall in love with -without the urge to cover it up with foundation.

*“I believe that every woman should feel confident and look beautiful while putting the needs of her health first.”*

“Healthy” is not just a fad! Our mission is to expose the harsh chemicals that we encounter in our lives on a daily basis that could be contributing to our risks of breast cancer and other serious illnesses and use that knowledge to empower women globally to be more cognizant of what we put on and into our bodies while continually creating and providing products and skincare that leaves them worry-free while looking and feeling beaute` -ful!



SHOP ONLINE:  
[beautebybonita.com](http://beautebybonita.com)



## ABOUT BONITA PARKER

Bonita Parker is purposeful and extremely gifted at one thing—helping you bridge the gaps between your unique superpower and your business bank account. She is the creator of the Dream Achieve! Win Academy™ - an online coaching platform that provides continual learning workshops, online trainings and success resources to entrepreneurs to help them get crystal clear on their purpose and generate multiple streams of income from what they already know and love doing. As a nationally recognized transformational Speaker, international bestselling Author and Radical Success Coach, Bonita uses her 12+ years of superior business savvy to help entrepreneurs reach their highest potential using the same proven strategies and techniques that propelled her into a consistent 5-figure monthly earner as an entrepreneur. She consistently births new business brands, help clients monetize their passions, and help them scale up by doing what they love doing.

After a life-changing battle with Stage IV metastatic breast cancer, in December 2017, Bonita stepped out on faith and got radical about her journey towards making massive impact in the world. She founded her nonprofit, the Hope for Pink Foundation, an organization that educates and advocates for the fight against breast cancer and provides direct support services to women and men currently battling, living with, or in support of someone in active cancer treatment. Her mission is to ensure that all warriors have the support and resources they need to come out victoriously on the other side of cancer. She has appeared on the Dr. Oz Show and featured in the Chicago Tribune, Atlanta Journal, SHEEN Magazine, cocoaFAB Magazine, Glambitious Magazine, STS Magazine, DOZ International Magazine, and several local and online media outlets.

*Learn more at [www.bonitaparker.com](http://www.bonitaparker.com). For booking and appearances, please email [info@bonitaparker.com](mailto:info@bonitaparker.com).*

*Jessica L. Mosley Presents*

**APRIL**  
**17-18**  
**2020**

*The* **Miz** **CEO**  
*London*  
**EDITION**





# *Fireside Chat with* DR. VALEKA MOORE

## TELL US A LITTLE ABOUT YOU?

I am the wife of a wonderful husband and the mother of the most awesome children! I have been a dreamer and visionary all my life and I love helping others unlock their God-given dreams so they can walk in their purposeful reality. I am a therapist and an advocate for mental health and wellness. Above all I love God, and I'm just striving to live my life for him, operate in the callings designed for my life and to live as purposefully and authentically as I can.

## HOW MANY BUSINESSES DO YOU HAVE? AND WHAT ARE THEY?

I currently own two businesses. Empowerment Thru Expression, LLC, Therapy Center and Mind Spa. Our mental health center specializes in therapy services for individuals of all ages. The Mind Spa sector of our practice focuses on relaxation and self care programs. I also own Brilliant One Unlimited, LLC. A business coaching and publishing firm, designed to help new and elevating entrepreneurs and authors embrace and manifest their brilliance through their groundbreaking inventions, services and published works.

## WHAT MADE YOU WANT TO BECOME AN ENTREPRENEUR?

There has been a call on my life for entrepreneurship, since I was a young child. I was very creative and always had ideas that included creating something to sell or providing a service for a fee. However, I had no idea what entrepreneurship was or that there was a calling on my life for it. As I got older, and begin to understand entrepreneurship there became a desire to become an entrepreneur. I had a heart to do it. Additionally, I knew that stepping out into entrepreneurship would allow me the freedom to operate in my God-given purpose and assignment to serve others in the mental wellness space.

## WHAT HAS BEEN YOUR GREATEST CHALLENGE AS A ENTREPRENEUR?

Balance. I love what I do and sometimes find it hard to take off my entrepreneur hat.

## WHAT WOULD THE VALEKA OF TODAY TELL THE 21 YEAR OLD VALEKA?

Speak up! Ask for what you want. And don't be afraid to share your brilliant light with the world!

## TELL US SOMETHING NO ONE KNOWS YOU LIKE?

(Something funny and Exciting) I love birthday cake all year long. I also love ice. Yep. Just plain old ice.

## WHAT DIRECTION DO YOU FEEL THAT WE AS WOMEN IN BUSINESS CAN DO TO CONTINUE TO TRAILBLAZE FOR THE NEXT GENERATION OF WOMEN IN BUSINESS?

Continuing to step out on faith and not settle for anything less than what God has for us. Stepping out of the box and not being afraid to execute our unique visions as they are given to us, no matter how different or strange they seem compared to what is usual or popular. Also to reach back and grab the next the woman with a vision. As you win and rise to the top, bring company!

## WHAT EXCITING PROJECT ARE YOU WORKING ON/COMPLETED?

Currently I am working on several mental health awareness projects to promote mental wellness, expose and reduce mental health stigma and to help create more affordable mental health services and funding for those with limited financial resources. I am also working with some of the most phenomenal, up and coming entrepreneurs and authors to help bring their business and book visions to life! Lastly, I am excited about a few business and book collaborations that will be released later this year

## WHAT FINAL WORDS DO YOU WANT TO SHARE?

I want to encourage everyone to give themselves permission to live their best blessed lives spiritually, mentally, physically and every way possible! Know that you have power within YOU to make any transformation and create anything you want in your life, but it begins with making time to take care of YOU! And whatever you find yourself purposed to do, DO IT! Embrace your brilliance and allow blessings and brilliance to overtake you!!!

## ABOUT DR. VALEKA MOORE

Dr. Valeka continues to serve individuals across the country, through individual and group coaching experiences and speaking platforms, on topics to include, mental wellness, mental transformation, personal development, life transition, self care and entrepreneurship.

Dr. Valeka Moore is a devoted wife and mother. She is an award winning entrepreneur and the CEO/ founder of Empowerment Thru Expression, LLC Therapy Center & Mind Spa and Brilliant One Unlimited, LLC Business Coaching and Publishing Firm. The prophetic anointing rests upon Dr. Valeka's life and in ministry she serves as a licensed minister and prophetess.

As a dreamer and visionary since her youth, Dr. Valeka is passionate about helping others unlock their dreams and establish their purposeful realities. Professionally, Dr. Valeka is a licensed therapist, coach and speaker. She is also the author of the *Mental Detox For the Brilliant Woman Leader* and co-author of *The MizCEO Entrepreneurial Book*, volumes 1 and 2. Dr. Valeka has worked in the mental health field since 2001, in various capacities and with several client populations. Affectionately known as Dr. V. and the Transformation Activator for women leaders, she empowers amazing leaders, to shift from being stuck, confused and frustrated by teaching them strategies to transform their minds, businesses and lives, as they fully embrace and activate the next level of their God given purpose and brilliance! Dr. Valeka and her books have been featured in media outlets to include, *Sheen Magazine*, *Black Enterprise*, *ABC*, *FOX*, etc. In 2018 she was recognized as one of *Courageous Woman Magazine's* Top 25 Women In Business. Dr. Valeka has also received an Executive Citation from Anne Arundel County, MD and has also been honored as Mental Wellness Leader of The Year by *VIPeVents Concierge*. To God Be The Glory!!!

Dr. Valeka continues to serve individuals across the country, through individual and group coaching experiences and speaking platforms, on topics to include, mental wellness, mental transformation, personal development, life transition, self care and entrepreneurship.





THE  
*Miz*CEO  
 FINALE BOOK  
 AIN'T  
 NO *Plan B*

Foreword by *Necoya Tyson*

Compiled by: *Jessica Mosley*



*Bonita Parker*



*Kenise Etwari*



*Dr. Jerrica Dodd*



*Erin Lopez*



*Dr. Nephertina Serrano*



*Dr. Delene Musielak*



*Tanya Wilson*



*Makini Smith*



*Karica James*



*Danitra Sorden-Vieta*



*Deidra Roussaw*



*Yoli Cox*



*Traycee Gales*



*Ashley Pittman*



*Autumn Ayri*

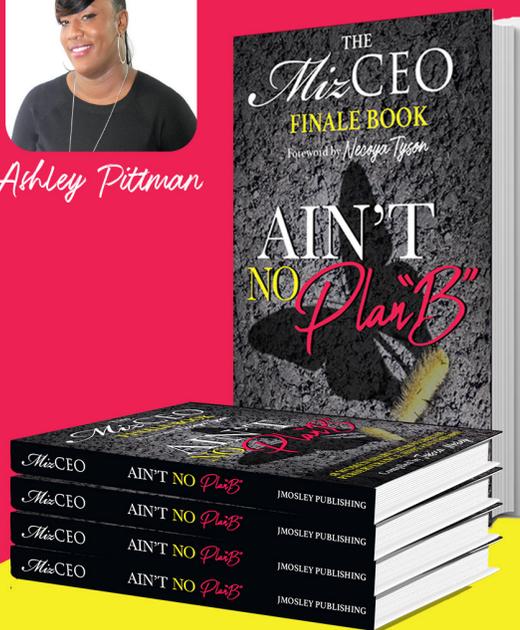


*Sonja Elise Freeman*



*Tanell Jones*

**17** WOMEN SHARE THEIR STORIES OF  
 PERSERVERANCE, HOPE AND TRIUMPH IN BUSINESS



# moving queen

an interview with  
**Jasmyne  
Harris**



**Q. Tell us a little about you?** Born and raised in Chicago I have started my family here. I am a wife to a loving husband and mother to two very energetic yet amazing children. I'm the eldest of seven and my parent's favorite child (don't tell my siblings)! I am a God-fearing woman who's very active in my ministry. I am a part of the greatest sisterhood and Greek organization in the world. I'm a college graduate with a bachelor's degree in business management and am currently studying for my masters. I am a very fun-loving person, I love people and I enjoy learning new things.

**Q. How many businesses do you have? And what are they?** I am currently the co-owner of one business, Big Moon Movers LLC. This company has always been a vision of my Husband's and I have dedicated my time, effort and love to helping him birth this vision. We currently service the city of Chicago and surrounding suburban areas providing our customers a distinguished moving experience through pristine customer service and reliable moving services. Our company is rooted in our faith in God and with His help, hard work and dedication, we will expand throughout the US, implementing storage services to meet all moving needs.

**Q. What made you want to become an Entrepreneur?** Although I've always desired to be an entrepreneur, honestly, it was the push of those around me that made me delve into it and run with the opportunity. I seen how others were establishing and growing their businesses and I knew with that motivation and support, I could do the same thing. I've known since I was younger that I wanted to work for myself and create opportunities of employment and economic growth for others.

**Q. Tell us something no one knows you like? (Something funny and Exciting)** As one of my pastimes I enjoy knitting. I'm not great at it at all however I find it to be very therapeutic and calming. I don't tend to share my enjoyment of this hobby with anyone because of the stigma associated with it, and because my friends already consider me a 'grandma' this would just add fuel to the fire!

**Q. What advise do you have for wives that want to become an Entrepreneur?** If I had to give another wife advice as an entrepreneur it would be to find something that both you and your spouse could do together and run with it, TOGETHER! The most rewarding feeling is knowing that both my husband and I have the same goal and that makes working with him most enjoyable. I am daily reminded that two heads are better than one and four hands are better than two. I honestly could not fulfill my position within our company as the Chief of Operations without my husband being the muscle behind it. Doing it together makes every tireless hour worth it.

**Q. What final words do you want to share?** I am about 5 months shy of being 30 years old. I feel as though I should have been much further in life than I am now. Don't get me wrong I truly thank God for my current position and I'm very grateful for His grace toward me and my family because I know that it could be much worst. However, the people you surround yourself with matters. Being surrounded around winners make you feel like a winner even when you're losing. Winners talk differently, they push you to different limits, they cause for your entire mentality to shift. If your circle is not encouraging you or inspiring you to be the very best version of yourself, change who you're around. Don't stay connected to people because of the history of the relationship if its causing stagnation for your future.

**Q. What would this Jasmyne say to the younger Jasmyne?** If I were to talk to my younger self, I would tell me to take advantage of every opportunity that presents itself. Don't be afraid to ask for help don't be afraid to receive help. You cannot do it alone! It's ok to trust, not everyone is out to get you. I'd tell me to never stop growing, never stop advancing, don't become accustomed to complacency. You're only a product of where you're from you're not a victim of that place so you don't have to stay there. Think big. Never stop dreaming.

# MizCEO

ENTREPRENEURIAL GATHERING

## AIN'T NO "Plan B"



Meet Keynote Speaker

## DR. VIKKI JOHNSON

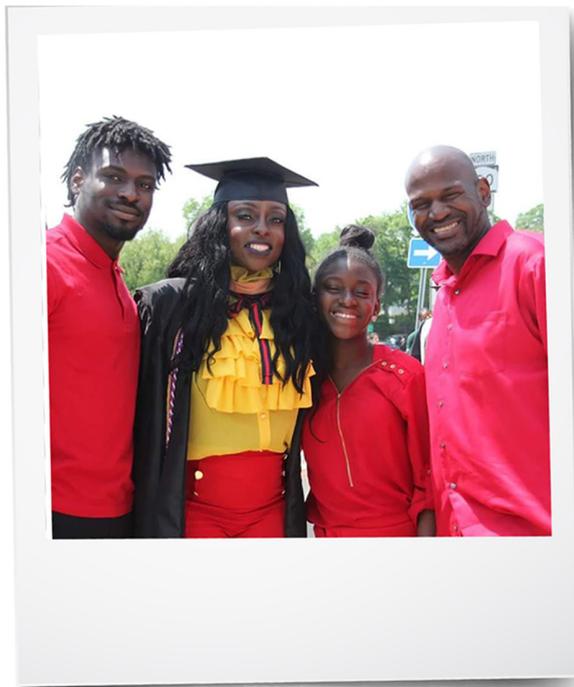
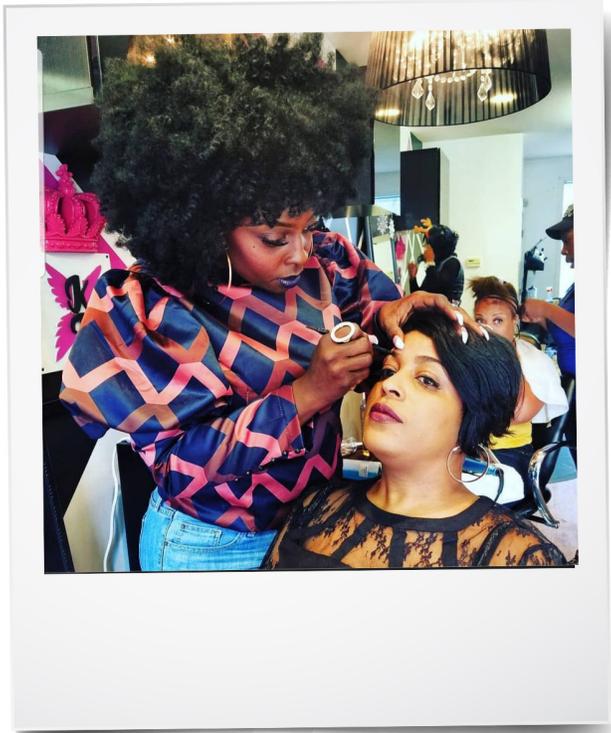
Get ready for your life to change again! Dr. Vikki Johnson is a transformational speaker, chaplain and best-selling author of 12 books. Her most recent book, "Soul Wealth: Finding Vision, Compassion, Authenticity, Abundance And Legacy In The Midst Of Chaos" was released August 2019.

"Our soul is the seat of our emotions. Frequently, we live layered lives because over time we start to exist or do just enough to survive. Many have lost their drive or passion to ascend to greater and have settled for "whatever." This book explores the condition of our souls, examines the true state of our lives and has prompts to set goals to manifest or strengthen emotional wellness making room for perpetual

peace, love, bliss."

Currently she serves at the District of Columbia Office of Cable Television, Film, Music & Entertainment (OCTFME) where she plays a major role in the film division. In this role, she is also a member of the Mayor's Special Events Task Group for the District of Columbia. A graduate of Howard University, she is a proud member of Delta Sigma Theta Sorority, National Association of Black Female Executives In Music & Entertainment (NABFEME), Women's Speakers Association (WSA) & supports MC Lyte's Hip Hop Sisters Foundation W.E.A.L.T.H Experience Portal "Spiritual Support Team."

Please visit her website [VIKKIJOHNSON.COM](http://VIKKIJOHNSON.COM)



## MEET *Nneka Bell*

If you research most successful people, the common denominator you will find is failure. Yes, I said failure. The key isn't winning every battle, the key is winning the war from the lessons you learned in the battles. Many Entrepreneurs, Olympians, Authors, and Entertainers will tell you that they didn't succeed on their first try, second, or even third. They succeeded only because they never allowed failures and setbacks to stop them. They never gave up. Just like Nneka Bell. When anyone else would've thrown in the towel, she picked the towel up through some rhinestones on it and sold it. *Meet Nneka Bell.*

Written By:  
**SHANICK BARTELL**



*What made you step out and start your own business?*

I was a single mother working as a New York MTA bus driver. I wasn't making enough money and needed to make extra income. I met a man who shared that as a veteran I could get a vendor license. He showed me how to get my license and took me where I could go buy merchandise wholesale.

*What was your first business?*

Even though I've always been into all things fashion, costume jewelry was what I could afford to buy at the time. I purchased the jewelry, found a spot, and started my business. I sold costume jewelry on the street from my car. "I didn't know what I was doing... I JUST DID IT!"

*The word failure, stings, but what was your failure moment?*

I educated myself on the retail business, my target audience, and location. I opened a brick and mortar store. I anticipated continued success but was presented with something completely different. I opened my store in a Jamaican community and wasn't supported because I was American. A woman began to sell merchandise in front of my store, and I started losing business. There was no official boycott, but I didn't receive the support needed from the community. Due to low sales I had to close my business. Using my income to keep the business going, I lost everything and ended up in a shelter with my children.

*What a major set-back, how did you bounce back?*

This was one of my lowest moments. I left the shelter everyday going to work and taking my children to school. I wanted to give up but couldn't. I was ready to let this dream go, but God wouldn't let me. I wanted him to leave me alone and drop it, but he didn't. So I borrowed money from my pension to get back on my feet, brought a truck, and re-opened a Mobile Fashion Boutique. The first of its kind. There were no businesses like mine. Due to the originality of the business and success, news about my truck reached major media outlets. We were featured in Forbes, Daily News, Entrepreneurial Magazine, CBS News, and many others.

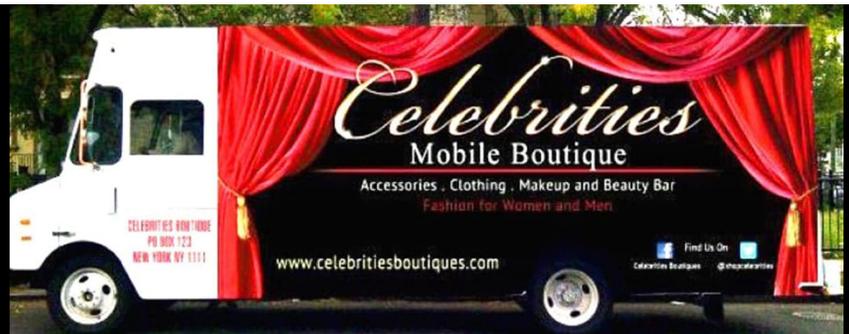
*What could you share with someone who feels like giving up?*

I would say write down and figure out what makes you feel better, what do you need, and how could I help you? I would tell them to

live. Don't give up. Live to see the next 24 hours. Tomorrow can bring a new possibility.

*What are you doing now and what is next for Nneka Bell?*

Celebrities Mobile Fashion Boutique has been going for 20 years and I just signed a lease for a brick and mortar location. I own the Celebrity Quality Home Improvement Company, I'm a National Speaker, I'm a Make Up Artist, I sing with the Motown Review, I'll be a Adjunct Professor teaching Business this fall at Metropolitan College of New York, and I also work at a Non-Profit that focus on giving financial resources to woman to start and grow their business.



## Meet The Owner

Nneka Green-Ingram is the CEO of Celebrities Boutiques. Her main objectives are to empower females and to bring out their inner celebrity by providing them with the resources they need to do so. She has a passion for fashion and keeps up to date with modern trends and street style. Nneka is also a certified makeup artist, and licensed beautician, so she is well rounded in the fashion industry. She also enjoys assisting her customers with their outfits to make them look, and feel as fabulous as possible, because as her slogan states: "Everyone Can Look Like A Star."



## Six Figures to Sixth Sense

Shinin', shinin', shinin',  
shinin', yeah (shinin', yeah)  
All of this winnin',  
I've been losin' my mind,  
yeah (losin' my mind)  
Oh, hold on (hold on, baby)  
Don't (don't) try to (try to)  
Slow me down (down)  
Hold on (hold on)  
Don't (don't) try to (try to)  
Slow me down  
Slow me down.

- DJ Khaled featuring Beyonce, "Shining"



# Dr. Deena BROWN

INSPIRE | EMPOWER | TRANSFORM

In 2016, I left a 20+ year career as an educator to become an entrepreneur and pursue my passion: to INSPIRE, EMPOWER, and TRANSFORM the lives of women around the world. My Purpose and Passion no longer aligned with my profession (as a DoDEA Educator) and I had to SHIFT. I started my FIRST consulting business it was exciting, scary, and baffling all at the same time. Drawing on my 20+ as an educator and award-winning school principal my initial streams of income were speaking, teaching, writing, providing professional services, and consulting. As a woman, diversifying your income stream is crucial to protecting yourself and your family against the unavoidable.

**Q: What is the biggest mistake you've made as an entrepreneur?**

**A:** My biggest mistake was going after all of the shiny objects such as the professional website, elegant business cards, designer logos, and spending money on networking events that had zero Return on Investment (ROI). My business plan was simply start a business. I did not access all of the free tools, resources and support systems that were available such as the Small Business Association (SBA), Urban League, SCORE, or lean-in to my mentors.

**Q: What advice do you have for young women who are starting their entrepreneurial journey?**

**A:** Embrace the Journey! The key to successfully navigating entrepreneurship is to get Clear about HOW your business will serve people, be Confident about WHAT you offer in the marketplace, and stay Consistent with what you DO daily. Branding is not about a logo but how you show up day-in, day-out. Your audio must match your video. Early in my journey I “played” an entrepreneur but did not present like one across the balance sheets. I had the professional website, the elegant business cards, the super fly logo and even a few high-ticket clients that seem to fall out of the sky right into my PROFIT/loss statement; yet, I didn't implement good business sense and often didn't follow up or have a clear next step. Previously, I had my good six-figure government job to support me and me son. Although my business looked very polished on the outside I didn't have my backend systems setup for success. So, cover your “BACKEND” systems.

**Q: Do you have a secret ingredient that has helped you keeping going when everything around you was falling apart?**

**A:** YES, YES, YES! I am a woman of faith and I will tell you that learning to be OBEDIENT and moving when God says move has dramatically changed my business. I call it my Sixth Sense. It is a knowing that transcends all basic understanding. When the bottom fell out of my business in 2017 I had to S.H.I.F.T. The acronym stands for Self-Check, Humble thyself, be Intentional, Focus, and Take Action. Activating an intuitive level of faith “MIND of CHRIST” has given me a more expansive view about life and business. Your MINDSET will make you money or miserable — it is your choice. Being a successful woman in business means believing in yourself and trusting your instinct. There are people out there who will doubt you and your ability to succeed in the business world, solely because you are a woman. Never let the woman doubting you be YOU - when you fall down Girl, you have to Get Back Up!

## ABOUT THE AUTHOR

Dr. Deena C. Brown is a dynamic inspirational speaker, entrepreneur, radio/tv personality, and catalyst for change. Her purpose in life is to inspire, empower, and transform lives. Dr. Brown adds value to others speaking on her powerful message of transformational leadership. She is an international best-selling author and has been featured on ABC, NBC, CBS, and Fox as a highly sought keynote speaker and business and leadership growth expert.

# LA DONYA HINSON

on Becoming *Healed*



La Donya Yvette is a mother of four daughters and whose fascination with butterflies as a young child transformed her into a powerful influential woman who was born to inspire and motivate others. Her story is proof that no matter your circumstance you can overcome your fears and create the life you desire.

La Donya is a woman with a vision. She is the founder and CEO of iWIN Global Inc, an inspirational movement all about G.I.R.L. PowHER and Living An Inspired Life. She is an author, creator of Butterfly Beauty Blog, Motivational Speaker, Intern Instructor for 'Dreamsteerer Academe' and Contributing Writer for Miz CEO Magazine for the Entrepreneurial Woman. She is also Your Voice Of Inspiration!

She is the 2018 Embodiment Award recipient of Empath Holdings, Inc Honoring Humanity Forum and featured in Sheen Magazine. Most people know her as a charismatic woman of God who lives by the Golden Rule and Honoring Humanity, and who seeks to leave a legacy with an extraordinary message of mindset prosperity. Likewise, her dream and passion is to empower women all over the nations and to change lives one inspiration at a time.

She is dedicated to helping women find their purpose, live out their dream and believes we all can be an inspiration to others. Her message is simple: Change Your Mindset, Change Your Life. You definitely CAN have it all by Living An Inspired Life!



**Contact La Donya**  
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[Facebook.com/LaDonya](https://Facebook.com/LaDonya)  
[Instagram.com/iWinGlobal](https://Instagram.com/iWinGlobal)  
[Twitter.com/iWinGlobal](https://Twitter.com/iWinGlobal)

**What inspired you to write your first book?** Amazingly it all came about Labor Day weekend 2017 when I went on vacation to California to refresh, relax & renew by the ocean. While sitting on a blanket in the sand, I was actually writing for my blog post "I Am Enough... And So Are You!" This blog post consisted of knowing your self-worth, focusing on your mind, body and spirit. While writing, God inspired me to create and write a small inspirational book. I was motivated by the idea for the book was to be used as a reference guide for empowerment to discover ways to tap into your true purpose and align yourself based upon character and biblical virtues.

**Do you have a specific writing style?** I write from my heart and recognize that my writing has layers to it. It's a wholeness of mind, body and spirit. It is the experience of something that intrigues readers of what may resonate within themselves that will inspire and impact their lives.

**What advice would you give other writers?** My best advice is to simply write your thoughts and ideas down. It doesn't even have to make sense initially. The process will take care of itself. Create content that will leave your readers wanting more, that way they will also pass on their great positive experience to others.

**What is the gift of reading and why does it around up a new world?** Reading comes with many benefits that can take the reader on a compelling journey, which results in educating the mind and forming a new outlook on life.

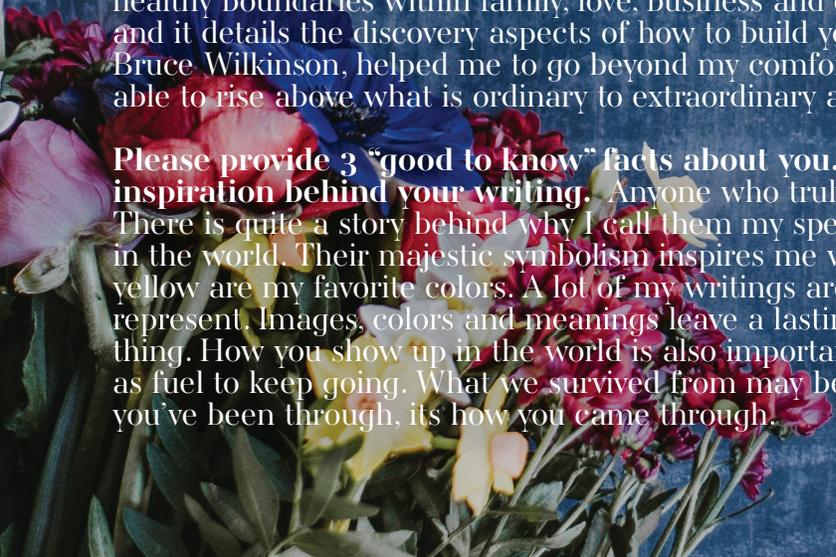
**Where would you travel if you could write your next book?** There are so many beautiful serene places that I would love to travel. However, I would pick Fiji to write my next book where I can relax and focus on my writing.

**"A confident woman is an empowered woman humbled by grace!" - La Donya Yvette**

**Everyone's process for writing is different. Explain yours.** This is what makes us so unique! I like to write down things that inspire me. Often times I am awakened in the middle of the night with a thought or idea and write those down as well. Then I reflect on my noted and brainstorm the outline. After writings are completed, I will then reread and edit making sure that the message I envisioned is reflected in what is being read. Although my process may be a little different from others, we all share a commonality through the gift of creativity.

**What books have most impacted your life (or life as an author)?** The book *Boundaries*, by Dr. Henry Cloud & Dr. John Townsend, has impacted me on how to take control of my life by setting healthy boundaries within family, love, business and even myself. It identifies the myths of boundaries and it details the discovery aspects of how to build your own. Likewise, the book *The Dream Giver*, by Bruce Wilkinson, helped me to go beyond my comfort zone and pursue my God-given dream. I am now able to rise above what is ordinary to extraordinary and to explore my purpose.

**Please provide 3 "good to know" facts about you. Be creative. Tell us about your first job or the inspiration behind your writing.** Anyone who truly knows me knows that I absolutely love butterflies. There is quite a story behind why I call them my special friends. I also love orchids; my favorite flower in the world. Their majestic symbolism inspires me with the uniqueness of its beauty. Thirdly, pink and yellow are my favorite colors. A lot of my writings are inspired by my favorite things and what they represent. Images, colors and meanings leave a lasting effect of the characteristics of a person or a thing. How you show up in the world is also important. A lot of times we can use our past experiences as fuel to keep going. What we survived from may be the saving grace for someone else. It's not what you've been through, its how you came through.



## Shantell J. Chambliss, PhD

*wife, mother, award winning entrepreneur, business strategist, & philanthropist.*

As an entrepreneur Shantell has developed an impressive business portfolio that includes ventures in healthcare, the nonprofit sector, consulting, media, retail, and cultural arts. A true student of organizational development Shantell has matched extensive education and training with over 18 years of experience as a coach and consultant helping nonprofits and purpose driven leaders build stronger sustainable brands.

For her business acumen and nonprofit work Shantell has been recognized by various media outlets and organizations including ABC, CBS, the National Association of Women Business Owners, Omega Psi Phi Fraternity Inc., Yahoo! Women Who Shine, Style Weekly Magazine (2012 Top 40 Under 40 Award Recipient), Belle Magazine, and The Richmond Times Dispatch.

Shantell received her Bachelor of Science in Business Administration from Virginia Commonwealth University, her Master of Business Administration from Strayer University, and her PhD in Organizational Management from Capella University all with specializations in Human Resource Management.



*How have you used your platform/passion to inspire women?*

I believe that inspiration is organic, so I strive to build communities where women can connect naturally but purposefully. My nonprofit, Dress for Success Central Virginia, matches women in need with skilled women trained to help fulfill those needs. Whether its clothing, education, mentorship, or peer support, women can find help inside of our doors. In under 7 years we've served over 3,000 disenfranchised women in our area. I'm also blessed to lead an amazing tribe of women through SheEmpowers®, a collaborative of women from all backgrounds that connect and support each other in fun, safe, and professional environments. I co-founded SheEmpowers in 2014 with a childhood friend but the women really are the true bosses.

Through social events, physical collaboration space, and virtual networks we are creating alliances amongst professionals and business owners in multiple metropolitan areas and our women's investment club is changing the way that black women build wealth. Although my consulting practice, Nonprofitability™, is not exclusive to women over 80% of my clients are ambitious women that are starting and scaling nonprofits that serve other women. It is my honor to help them create organizations that impact the lives of women across the world.

*In walking in your purpose, you have been faced with a lot of challenges what were some of them? And how did you overcome them?*

One of the biggest challenges that I've had to overcome is the loss of my newborn son. In early 2016 I conceived through IVF after 16 years of infertility struggles. Nursery plans were under way, baby shower date set, and shopping for little Jayden was becoming a daily event. Everything was perfect... until my water broke 18 weeks too early. 54 hours of labor and lots of tears later Jayden James was here....and then he was gone. Just like that. A perfectly planned miracle baby became an angel in the blink of an eye. No matter how savvy of a business woman or how tough you are in the boardroom losing a child will change you forever.

In his brief little life Jayden taught me that I could have anything my heart desires if I just had faith in the process. The process is where we are tried and tested. It is a mandatory phase is God's perfect plan. Whenever I am facing an obstacle I realize that I'm in the midst of a process and that either a major reward or a major lesson is on the other side and for that I am eternally grateful.

*What is your definition of a Phenomenal Woman?*

To me a true phenomenal woman is defined in Proverbs 31. She is trustworthy, savvy, charitable, and equipped to handle whatever life throws at her. She is perfectly imperfect. I strive to embody these traits every single day as a wife, mother, and entrepreneur. *What's next for Dr. Shantell?*

In June on what would have been my son's 3rd birthday I am officially launching This End of the Rainbow and the Jayden James Foundation. This End of the Rainbow will be a lifestyle blog for women who have suffered pregnancy and/or infant loss and are patiently awaiting their "rainbow" baby. It will feature stories of mothers who have experienced loss, education from health workers, and eventually supplements, meal plans, and attire to help women on their journey.

A portion of the proceeds from This End of the Rainbow will benefit the Jayden James Foundation, a nonprofit that will provide financial resources to parents who don't get to take their babies home from the hospital. One of the worst reminders of your loss is the constant hospital bills that follow you home. We want to help parents eliminate that debt so that they can focus on grieving, healing, and restoring their families. While I will always be a business coach and nonprofit champion this next phase is a true purpose walk for me and my husband.

*How can women connect with you?*  
Women can connect with me on social media @DrShantellChambliss, online at [www.drshantellchambliss.com](http://www.drshantellchambliss.com), and via email at [shantell@nonprofitability.org](mailto:shantell@nonprofitability.org)



Speak truth, speak life  
and always speak of  
*beautiful things.*

## Creating Beautiful Things.

Speak Beautiful provides creative services for health and beauty brands and Christian organizations. We offer a range of services to our clients. From small start ups to corporations we are able to bring your companies vision to life within your budget. Speak Beautiful works with you to develop designs that bring your vision to life.

DESIGN | TRADESHOW | PACKAGING | DIGITAL

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# MizCEO

FOR THE ENTREPRENEURIAL WOMAN

Why  
*Self Love*  
is so  
Important

Fun Things  
to Do This  
*Summer*

MizCEO  
goes to  
ESSENCE  
Festival

DR. *Delene Musielak*

Taking the World by Storm